Flow chart with reference to the Coronavirus Testing and Quarantine Ordinance (CoronaTestQuarantäneVO) for NRW dated 11 March 2021

Definitions

1 Close personal contact means: contact >15 minutes with < 1.5 m distance and one or both parties not wearing a face mask or contact in poorly ventilated rooms over an extended period of time.

2 There are three different types of test procedures for SARS-CoV-2: molecular biological testing (‘PCR tests’); PoC antigen testing (‘rapid tests’), which is carried out by medically trained individuals; and self-testing.

What to do if you suspect you may have COVID-19

- Staff are to inform their line managers and personaldezernat@uni-due.de.
- Students are requested to notify studierendensekretariat@uni-due.de.
- Contact your physician and/or arrange for a test at a test centre (PCR test²).
- If you are fit to work, the work-from-home regulations apply.

What to do if your COVID-19 infection has been confirmed

- Immediately inform the health authorities and all individuals that you have had close personal contact¹ with within four days before or since you were tested.
- Notify UDE once more (see above).
- For staff: If you are ill, please also inform krankmeldung@uni-due.de and submit a doctor’s note.
- If you are fit to work, the work-from-home regulations apply.
- If you have been issued a quarantine order, send in a copy.

What to do if you share a household with an infected person

- Staff are to inform their line managers and personaldezernat@uni-due.de.
- Students are requested to notify studierendensekretariat@uni-due.de.
- Separate the rooms of the infected person from those used by other members of the household wherever possible (also see the regulations from the RKI).
- Notify UDE once more if you yourself fall ill or if you are issued a quarantine order (see individuals with confirmed infection).

Individuals living in the same household

Go into quarantine immediately upon them receiving the test result (Section 16)

Go into quarantine immediately and without being asked to do so, and contact your physician or a test centre by phone.

You are obliged to submit to a PCR test.

(Section 13)

Positive PCR test¹ result

Remain in quarantine (Section 15)

Automatic quarantine: ends ten days after the test and after a minimum of 48 hours without experiencing any symptoms at the earliest

Quarantine order with date specification: end in accordance with official order

Automatic quarantine does not end upon receiving your own test result

Automatic quarantine ends 14 days after the initially infected person was tested if the household member does not experience any symptoms

Automatic quarantine can be shortened if the household member produces a negative result from a rapid test or PCR test (however, this test cannot be taken until ten days after the initially infected person was tested)

Official quarantine order optional

Quarantine ends if the positive test result for the initially infected person was from a self-test and a subsequent PCR test for this person produces a negative result

Obligation to inform the health authorities: ➔ when going into quarantine ➔ if you experience symptoms that could indicate COVID-19
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**Other contacts**
**‘first-degree contact persons’**
who had close personal contact with an infected person

- Automatic quarantine is not stipulated in the ordinance since the flow of information cannot be ensured
- Local health and safety authorities decide whether a person is subject to quarantine which usually ends 14 days after the contact with the person who tested positive
- Automatic quarantine can be shortened if the individual produces a negative result for a rapid test or PCR test (however, this test cannot be taken until ten days after the start of the quarantine)

- If you experience symptoms yourself, you are to contact the responsible health authority and act as if you were suspected to be infected (see above)

**Other individuals**
**‘second or higher degree contact persons’**
who did not have any close personal contact with an infected person

- Not covered by the Quarantine Ordinance
- No specific measures stipulated

- Internal regulation for UDE: No obligatory measures. However, if you share a household with a first-degree contact, the work-from-home regulations apply, in consultation with your line manager, as a precaution.

- What to do if you are a first-degree contact
  - Staff are to inform their line managers and personaldezernat@uni-due.de.
  - Students are requested to notify studierendssekretariat@uni-due.de.
  - Notify UDE once more if you yourself fall ill or if you are issued a quarantine order.

- What to do if you are a second or higher degree contact
  - For other contacts, it is recommended that they closely monitor their own health and reduce contact with other people.
  - If the condition of the first-degree contact changes and they develop symptoms or produce a positive test result, you will be allocated to a different category and the procedure above applies.

- No specific measures stipulated

Internal regulation for UDE: In view of the risk of transmission, staff and students are to work from home, in consultation with their line manager, from immediately after the notification until the health authority has issued a statement on the case.