



## UDE/UME holiday programme 2025

In 2025, the University of Duisburg-Essen is once again offering a holiday programme full of variety in cooperation with Funtime. The offer is for children aged between 6 and 14 whose parents work for the University of Duisburg-Essen or the University Hospital Essen or are enrolled as students at UDE.

During the first two weeks of the summer holidays, a customised programme with differing themed weeks for kids and teens awaits the participants. In all other weeks, we will offer a joint programme for kids and teens. When realising our plans, we pay particular attention to ensuring that the experience is suited to the relevant age groups. Thus, we adapt the activities to the interests, wishes and abilities of the children participating to ensure that both young and older children are happy and enjoy spending time in our daycare programme.

### 2025 summer holiday programme:

#### 14–18 July 2025

##### **Sports Week 1.0 (kids):**

During Sports Week 1.0 for kids, the focus will be on physical activity, games and fun. The children will be introduced to different sports and have their own Team Olympics over the course of the week, where they will compete against each other in various games – some featuring sportive relays and action games, others involving challenging quizzes. Running, guessing, laughing – these Olympics have something to offer for everyone. We will get a glimpse into the world of hip hop dance as part of a dancing workshop on 15 July. On 17 July, we will go to the Rhine-Ruhr World University Games, where we will watch the taekwondo competition and experience world-class sport live. **Please note:** The sports agenda has not yet been finalised and will be communicated as soon as possible.

##### **Sports Week 1.0 (teens):**

Sports Week 1.0 for teens will be all about action, team spirit and fun. The teens can try out different sports and participate in our Team Olympics. This competition will pit the teens against one another – in lots of physical activity in an obstacle course and also using their brains in challenging quizzes. We will get a glimpse into the world of hip hop dance as part of a dancing workshop on 16 July. On 17 July, we will go to the Rhine-Ruhr World University Games, where we will watch the taekwondo competition and experience world-class sport live. **Please note:** The sports agenda has not yet been finalised and will be communicated as soon as possible.

## **21–25 July 2025**

### **Detective academy (kids):**

Who stole the treasure? During our riveting detectives' week, the kids will put on the investigator's hat and solve complicated cases. With activities such as a laser maze, memory and listening challenges, and obtaining fingerprints and footprints, they will develop the skills they need to become junior detectives. Highlights include a scavenger hunt and an interactive mystery experience and will ensure plenty of thrill and fun. This week will promote logical thinking, teamwork and creativity – the perfect fit for young investigators. On 22 July, we will go on a geocaching hunt, with one part of the group looking for a Viking treasure and the other searching for Princess Lajla's royal treasure. On 24 July we will try to uncover the secret of the Zollverein coal mine by tracing the steps of one Willi Matuschek.

### **Fashion and design (teens):**

Dive into the world of fashion and create your own unique designs! During this week, we will design cool accessories, craft jewellery from beads and fabric scraps, and personalise T-shirts or canvas bags using fabric paint and stencils. We will discover how old clothes can become new everyday favourites and try simple upcycling ideas. A creative styling game will allow the children to try out colourful scarves, hats and accessories, and to put their own outfits together. We will wrap up with a mini exhibition or fashion show where everyone can present their own designs – a highlight for all young fashion designers. On 22 July we will be doing an art workshop on the topic of colors at the Folkwang Museum in Essen.

The destination for the 24 July has not yet been confirmed and we will announce it as soon as possible. An option may be a sewing class at Volkshochschule Essen.

## **28 July–1 August 2025**

### **Exploring science and technology (kids & teens)**

During our science and technology week, the children immerse themselves in fascinating projects and experience science and technology up close. They will build their own marble run from various materials and playfully explore principles of physics such as gravity and acceleration. Further highlights include building and controlling a robot and their own radio. Sporty games such as our science whirl or a robot rally round off this week. This week connects fun and knowledge, promotes problem-solving skills and inspires enthusiasm for natural phenomena and correlations. On 29 July, we will go to the DASA Working World Exhibition in Dortmund, where we will get a hands-on tour. On 31 July, we will visit the mondo mio! children's museum in Dortmund, where we will participate in two different workshops – as suitable for the ages of the children.

## **4–8 August 2025**

### **Nature adventure (kids and teens)**

Discover the wonders of nature during our fascinating nature and forest-themed week. The children will take on the role of nature detective, create forest art and go on thrilling treasure hunts in the woods. They will familiarise themselves with local plants and wildlife and even build their own bug hotel. Highlights such as a scavenger hunt in the woods, creating an herbarium and exciting Forest Olympics round off our programme. This week is the perfect blend of education, creativity and physical activity outdoors. On 5 August, we will visit the Ruhr Museum in Essen to learn about nature, culture and history in the Ruhr area in the interactive form of a rally through the exhibition. The destination for the excursion on 7 August is yet to be determined and will be communicated as soon as possible. We are currently expecting responses from NABU Essen and from the Nature School in Grugapark.

## **11–15 August 2025**

### **Sports Week 2.0 (kids and teens)**

In Sports Week 2.0 we will play a variety of sports and movement games (e.g. dodgeball, rounders, and Quidditch). On the excursion days (August 12th and 14th, 2025), we'll collaborate with the university sports department at the University of Duisburg-Essen, where we'll get to try out two different sports. Further information will be provided as soon as possible.

## **18–22 August 2025**

### **Water adventure (kids and teens)**

During this entertaining week, we will take a 'deep dive' into the water element. We will explore its fascinating properties and discover why it is so vital for our lives with the help of playful experiments. Further highlights await the children in addition to lively water fights and action-packed Water Olympics: we will build model ships, learn interesting facts about the water cycle and go on an interactive research journey to find out how we can protect water in our everyday lives. Creative games, water art and splashy team challenges will make for lots of fun and refreshment. On August 19th, we'll go on a field trip to Duisburg-Wedau to build a raft with the kids, and we're also planning a visit to a fire station on August 21st.

## **25–26 August 2025**

### **End-of-break days (kids and teens)**

The end-of-break days will be a potpourri of playing parlour games and engaging in group activities and games, such as James Bond dodgeball and Capture the Flag. Various arts and crafts will also be offered so that suitable options are available for every child. On August 25<sup>th</sup> we will make an excursion to Grugapark or Seaside Beach.

## **2025 autumn holiday programme:**

## **13–17 October 2025**

### **Theatre adventure (kids and teens):**

During our theatre week, the children will be given the opportunity to enter the intriguing world of the theatre. Together, we will make up a story, elaborate little scenes and then assign roles. The children can let their imagination run free, contribute their own ideas and bring their inspirations to life. Particular attention will be paid to addressing topics that are pivotal in society in an entertaining way that is suitable for children. Through improvisation and acting exercises, the children will not only boost their imagination, powers of expression but also cultivate their empathy and social skills. Fun and the joy of discovering new possibilities are at the heart of all this. If the children would like to, we will invite their families to watch a brief performance at the end of the week, where they can proudly present the scenes that they have been working on. The excursions will take place on October 14 and 16. On October 14, we will go to the cinema and watch an age-appropriate movie. On October 16, we will visit the theatre in Bochum.

## **20–24 October 2025**

### **Medieval adventure (kids and teens):**

Come and travel back to medieval times. During this week full of activities, the children will create their own coat of arms, experience medieval games and build model castles. Making suits of armour, practising medieval dances and playing medieval music will be particular highlights of this week, which will peak in a medieval scavenger hunt and an exciting medieval tournament. This themed week offers the perfect blend of creative activities, history education and loads of fun for children of all age groups. On 21 October, we will visit the LWL Archaeological Museum and get two tours, each suited to a different age group: 'Knights: admired, acclaimed, dreaded: knights' for the younger children and 'Lords and labourers – life in the Middle Ages' for the teenagers. On October 23, we will take a medieval city tour of Essen with a night watchman.