



# COUNSELLING COACHING

for Prospective Doctoral Candidates,  
Doctoral Researchers, Postdocs &  
the Junior Faculty at the UDE

## CAREER COUNSELLING IN ACADEMIA – PERSONALISED AND CONFIDENTIAL

Are you facing important decisions in your academic career? Are you looking for advice on topics such as career planning, financing, or dealing with conflicts and challenges?

The **Graduate Center Plus (GC Plus)** offers free, individualised counselling and coaching **for early career researchers** – tailored to your personal situation and career level.

### OUR OFFERS



- ✓ Counselling with a broad perspective – confidential & impartial
- ✓ Expertise in the academic system & institutional knowledge about the UDE
- ✓ Sensitivity to mental health, diversity, work-life balance & research integrity
- ✓ Different formats – flexible and needs-oriented, in German and English

# YOUR CONTACT PERSONS

MAKE AN  
APPOINTMENT  
NOW!



## SIMON KRESMANN

☎ +49 201 183-2015

[simon.kresmann@uni-due.de](mailto:simon.kresmann@uni-due.de)

### KEY AREAS

- Formal admission requirements and conditions for doing a doctorate
- Financing, funding, scholarships
- Career paths and development, academic profiling
- International research experience and integration into the German academic system
- Tenure track procedures and evaluations for junior professors



## VIKTORIA NIEBEL

☎ +49 201-183-3054

[viktoria.niebel@uni-due.de](mailto:viktoria.niebel@uni-due.de)

### KEY AREAS

- Career counselling for female early career researchers
- Tenure track mentoring for junior professors
- Strategic networking
- Decision-making on the path to a doctorate and in career development
- Identification of strengths and potentials for your own path



## VALENTINA VASILOV

☎ +49 201-183-3176

[valentina.vasilov@uni-due.de](mailto:valentina.vasilov@uni-due.de)

### KEY AREAS

- Career paths, development and competency profiles
- Decision-making in ambiguous situations and strengthening resilience during periods of transition and change
- Managing difficult relationships and conflict resolution
- Dealing with stress, change or crises
- Developing time, goal and self-management skills