

Together

Six-Month Peer Group Coaching

for International Doctoral Researchers at UDE



Doing a doctorate can be fulfilling - and quite lonesome and frustrating at the same time.

The **moderated peer group coaching for international doctoral researchers** at the UDE therefore supports you on the path to your doctorate and in your further career planning through (self-)reflection, feedback and interdisciplinary skills development.



This programme is the perfect fit, if you want to ...

- reflect your professional role
- focus on creativity, enjoyment of work and energy
- gain clarity about your own resources
- develop strategies and solutions for dealing with challenges
- experience support and mutual motivation to achieve goals
- exchange & network with peers
- discover feedback and appreciation as a resource



All **international** doctoral researchers of the UDE can apply.
Group size: max. 6-8 participants



6 dates in total, Mondays 10:00–12:00 h
05.10. | 09.11. | 07.12. | 11.01. | 22.02. | 22.03.



Science Support Center, Essen campus
building V15, room V15 S01 C84

**Apply here by
27 September!**

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<https://www.uni-due.de/gcplus/en>



GC PLUS

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