Internationalise your CV with a work placement in the UK

Internships in the UK

Why choose the Chamber?
East Midlands Chamber (Derbyshire, Nottinghamshire, Leicestershire) is the 2nd largest Chamber in the UK. We work with small and large organisations that employ over 300,000 people throughout the East Midlands region. We help to facilitate and deliver a wide range of services that enable local and regional businesses to successfully trade internationally.

Our International Student Placement service (ISPO) is just one of these services. During almost 20 years of operation, it has earned a reputation for arranging and delivering high quality placements that centre on benefiting the student in their educational and study needs.

We have facilitated introductions and placements of hundreds of students, and know the value that this crucial experience brings to the student, as well as the business itself.

How can ISPO help students?
ISPO – International Student Office is an initiative by the Chamber, providing local businesses with international talent. As the business world becomes increasingly international, the need to take part in overseas work placements continues to be ever greater.

ISPO internships will:
- offer you the chance to apply your skills in a professional UK based work placement
- provide the opportunity to live in the UK and experience British culture
- ‘internationalise’ your CV

What kind of placements are available?
- international business and export
- market research and customer analysis
- sales and marketing
- IT/web/graphic design
- language teaching
How much does it cost to apply for an ISPO internship?
This is a free service provided to Universities and students.

Who can take part in the ISPO scheme?
University undergraduates, graduates and master students of any degree discipline with excellent English language skills, both spoken and written.

Will there be a salary for the placement?
No, but the employer will pay for accommodation and transport to work to the value of approx. £450.00 per month. It is a requirement that all interested students apply for funding through Erasmus+ programmes or funding from your own university or Government.

Will I receive ongoing support during the placement?
When your placement has been confirmed the ISPO co-ordinator will:

• source your accommodation arrangements and co-ordinate your arrival details
• provide useful information about the UK and the city of your internship
• offer advice and support during your placement

“The best thing about the internship is the fact that it’s with a small but growing company. This allows me to learn about all aspects of the company’s business, which is a great opportunity for a business student. I have found through ISPO the perfect place for me: A dynamic job environment combined with truly passionate people who are honest, listen and who are dedicated to building long term relationships.
Yep – I’m living the dream.”
Derya from the Netherlands

“Thanks to ISPO I found the ideal internship as Export sales assistant at a company specialised in woodworking based in Chesterfield. I gained extensive skills as I was in charge of the implementation of their brand in France. I recommend ISPO to students because the team arranges everything: job interviews, the accommodation, picking up from home to the workplace on the first working day. All is managed to make your stay easy. They follow up students by sending reviews to the host company. I am so happy.”
Marine from France

“I decided to find a job placement abroad to complete my internship for my diploma and finally found one through ISPO. I am very happy with my choice. This placement is different and so interesting for me as I am doing something new in a different country that I really like.”
Xenofon from Greece

If you want to know more and to apply please visit us at:
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International Trade

East Midlands Chamber
Derbyshire
Nottinghamshire
Leicestershire