

## Belegungsplan: Gymnastikraum Schützenbahn (Mitteltrakt)

|    | Mo                                                        | Di                                                                            | Mi                                                                                                                                  | Do                                                                           | Fr                                                                                      | Sa | So |
|----|-----------------------------------------------------------|-------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|----|----|
| 7  |                                                           |                                                                               |                                                                                                                                     |                                                                              |                                                                                         |    |    |
| 8  |                                                           |                                                                               |                                                                                                                                     |                                                                              |                                                                                         |    |    |
| 9  |                                                           |                                                                               |                                                                                                                                     |                                                                              |                                                                                         |    |    |
| 10 | 09:30-10:30 256-V<br><b>Pilates</b><br>Tanja Endruscheit  | 10:00-11:30 311-V<br><b>Yoga - Vinyasa Yoga Anfänger*innen</b><br>Claudia Mau |                                                                                                                                     |                                                                              |                                                                                         |    |    |
| 11 | 10:45-11:45 257-V<br><b>Pilates</b><br>Tanja Endruscheit  |                                                                               |                                                                                                                                     |                                                                              |                                                                                         |    |    |
| 12 |                                                           | 11:45-13:15 312-V<br><b>Yoga - Vinyasa Yoga Anfänger*innen</b><br>Claudia Mau |                                                                                                                                     | 12:00-12:45 227-P<br><b>Fit für den Schreibtisch</b><br>Katrin Hertel, PE/OE |                                                                                         |    |    |
| 13 |                                                           |                                                                               |                                                                                                                                     |                                                                              |                                                                                         |    |    |
| 14 |                                                           |                                                                               |                                                                                                                                     |                                                                              | 14:00-15:00 239<br><b>Hip Hop Anfänger*innen</b><br>Natalie Hollweg                     |    |    |
| 15 |                                                           |                                                                               |                                                                                                                                     |                                                                              | 15:15-16:15 267<br><b>Street Jazz / Videoclip Dance / Lady Style</b><br>Natalie Hollweg |    |    |
| 16 |                                                           |                                                                               |                                                                                                                                     |                                                                              | 16:30-18:00 221<br><b>Bollywood Freestyle Dance</b><br>Aswin Dasari                     |    |    |
| 17 |                                                           |                                                                               |                                                                                                                                     |                                                                              |                                                                                         |    |    |
| 18 | 18:00-19:00 315<br><b>Bodystyling</b><br>Corina Delke     |                                                                               |                                                                                                                                     |                                                                              |                                                                                         |    |    |
| 19 |                                                           |                                                                               | 19:00-20:00 266<br><b>Salsa On1 (New York Style) Anfänger*innen (mit und ohne Vorkenntnisse)</b><br>Kursleiter*innen "Line 2 Dance" |                                                                              |                                                                                         |    |    |
| 20 | 19:15-20:15 316<br><b>Dynamic Balance</b><br>Corina Delke |                                                                               | 20:15-21:15 207<br><b>Bachata Anfänger*innen</b><br>Kursleiter*innen "Line 2 Dance"                                                 |                                                                              |                                                                                         |    |    |
| 21 |                                                           |                                                                               |                                                                                                                                     |                                                                              |                                                                                         |    |    |