

Study participants wanted: Discrimination in working life due to mental illness

Mental illness is not uncommon. The probability of developing a mental disorder in the course of one's life is 27% in Europe. Nevertheless, there is a large gap in research on the risks of and experiences with discrimination due to mental illness in the workplace. These can vary very much from person to person. Perhaps you were denied a request for part-time work? Certain circumstances at work are an impediment to you due to your illness, but have not been changed after you communicated the issue (e. g. distribution of working hours during the workday or noise level at the workplace)?

Dr. Susanne Drescher and Dr. Daniela Böhringer would like to talk to people who work (or have recently worked) with a mental illness and who have experienced discrimination in their working environment as a result.

Who can take part?

Have you experienced discrimination at work due to your mental illness? Then please get in touch with us! It is important to us to include as many different experiences as possible, so we welcome people of different ages, backgrounds and gender identities.

Which mental illnesses should be recorded?

Our request for participation is primarily aimed at people living with depression, anxiety, obsessive-compulsive disorder and/or addiction.

How do the interviews work?

- The interview lasts around 45 to 60 minutes. We use an open interview format, which means that the course of the interview is completely open and we want to give the interviewee enough time to talk about particularly important points. This is why it is often referred to as a narrative interview.
- The interview can be conducted in person (on site) or as a video conference.
- All your details will of course be treated confidentially and anonymised for the evaluation.
- If you feel more comfortable in your native language, we can call in an interpreter.
- All our interview partners receive an expense allowance of € 50.

Where can I get in touch?

Please send us an e-mail with your contact details, in particular a telephone number where you can be easily reached, to DaPEA@uni-due.de. We will contact you by telephone and have a brief initial meeting to get to know you. We would like to interview as diverse a spectrum of people with mental illness and experiences of discrimination in the workplace as possible. We therefore ask for your understanding that we will only decide whether to ask you for a detailed interview after we have made initial contact.

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